

# Script for a Meeting

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## “Mary, faithful witness”

Where to hear it?: <https://hearthis.at/chento/mary-faithful-witness/>

Suitable for: Mass, Teen/Youth/Adult meetings, Prayer meetings, Marian celebrations.



## Lyrics

Mary, gentle mother, walk beside us as our guide.  
You stand with quiet hearts who feel their strength begin to sway,  
You teach our restless steps to trust when roads grow dark and wide,  
Your humble life invites us toward a peace we seek no more.  
You stay with wounded souls when hope seems drifting far away  
and lead us closer still to Christ along a wiser shore.

**O Mother, light our path with faith that kindles inner fire  
and draw us near to Christ whose love lifts every heart to rise.  
Stay with us when we fall, and help us reach beyond desire,  
so we may shine His hope for all who search the open skies.**

Mary, faithful witness, help our courage learn to stand.  
You move toward hidden places where the weary settle low,  
You teach us how to trust when doubts reach out to take our hand,  
Your quiet strength reminds us grace can cross each broken line.  
You walk with those forgotten till new dreams begin to grow  
and lead us back to Jesus where our gifts are free to shine.

*[Chorus]*

Mary, shining mother, let your calmness help us flow.  
You stay beside the hurting caught within a heavy storm,  
You whisper hope to guide us when we're unsure where to go,  
Your presence plants a strength no fear can bind or ever yield.  
You hold the ones who wander till new courage starts to form  
and shape our hearts for service in a wide and open field.

*[Chorus]*

Mary, hopeful mother, help our spirits not to drift.  
You guide the young toward places where compassion leaves a spark,  
You teach our weary hands to rise again and gently lift,  
Your life declares that holiness can bloom through any trail.  
You stay with those in darkness till their lives reclaim a mark  
and lead us back to Jesus through a love beyond the veil.

*[Chorus]*

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# 1. Active Listening to the Song

## Instructions:

- Invite the group to sit comfortably; dim the lights if possible.
- Say: *“Listen with attention. Notice which line or emotion speaks to you.”*
- Play the song from start to finish without interruptions.

# 2. Post-Listening Activities

## A. One Line, One Meaning (3 minutes)

Invite participants to name one line that stood out to them. In one sentence, they explain why it touched them emotionally or spiritually.

## B. Movement Map (4 minutes)

Ask the group to map out on a whiteboard or paper the “movements” they sensed: from fear to trust, from exhaustion to courage, from darkness to light. Quick group discussion.

## C. Companion Circle (3 minutes)

Each person names one type of struggle someone they know might be facing today. As a group, identify what forms of gentle accompaniment could help.

# 3. Faith Connection

Choose one short Scripture passage to read aloud. Recommended options based on the song’s themes:

- **Luke 1:46–49** – Mary’s Magnificat: humility, trust, and God’s transforming mercy.
- **John 19:25–27** – Mary at the foot of the Cross: presence in suffering.
- **Isaiah 43:1–2** – God’s reassurance in moments of fear and uncertainty.

After the reading, ask:

- *Where do you recognize this kind of steady companionship in your life—or where do you wish it existed?*
- *What helps you trust God when situations become confusing, heavy, or discouraging?*
- *How might you bring courage or calm to someone who is struggling right now?*

# 4. Vincentian Reflection

Within the Vincentian tradition, accompaniment has always been understood as a sacred ministry. It springs from a deep conviction that God moves quietly through ordinary gestures of care, humility, and compassionate presence. The spirituality inherited from Saints Vincent de Paul and Louise de Marillac points us toward those who struggle in hidden places—people who carry heavy storms within them long before the world notices. The reflections arising from this heritage encourage us to walk gently, to listen deeply, and to stay close to those whose hope feels thin.

This way of service is never harsh or rushed. It mirrors the calm, steady strength shown by Mary throughout the Gospel story. Her presence at the Annunciation, the Visitation, Cana, and the Cross reveals a profound capacity to stand with others in both joy and suffering, without calling attention to herself. Vincentians see in her life a model for what it means to move toward the margins with courage and humility: not to fix people, but to

help them rediscover their dignity and God's faithful love.

The heart of Vincentian service is simple: bring people back to Christ through compassion, justice, and tangible acts of love. Mary embodies that same mission. She walks with the weary, strengthens the discouraged, and points the confused toward a horizon of renewed trust. Her way teaches us that grace does not avoid broken places; it crosses every "broken line" of fear, poverty, exclusion, and inner doubt. She shows that holiness can grow through any trial, because God is present in every step of the struggle.

This spirituality finds a beautiful expression in the devotion to the Virgin of the Miraculous Medal, so central to the worldwide Vincentian Family. When Mary appeared to Saint Catherine Labouré, DC, in 1830, she revealed herself as a mother close to the wounded world of her time—offering protection, guidance, and intercession for all who felt lost or burdened. The medal is not a charm; it is a reminder of Mary's loving presence and of Christ's mercy offered through her. It invites believers to trust that no situation is beyond God's reach, and that divine grace flows generously when asked with humility.

In the Vincentian Family, this devotion inspires a lifestyle rather than a sentiment: attentiveness to suffering, readiness to serve, calmness in crisis, and confidence that God is already at work in the most difficult circumstances. It also challenges us to recognize forgotten people and encourage new dreams where life has grown heavy. Mary leads all who follow her back to Jesus—not through dramatic gestures, but through steady faith practiced in daily life.

For young people and adults alike, embracing this Vincentian-Marian spirit means becoming a source of gentle strength for others: walking with those who wander, helping courage rise again, and shaping hearts for service in the wide and open fields of our world.

## 5. Integration Activities (choose one)

### A. Quiet Strength Moment (3 minutes)

One minute of silence. Then each person writes one way they can accompany someone this week.

### B. "Where Courage Grows" Cards (7–10 minutes)

Small groups create a quick list of places in their community where people may feel forgotten. They write one concrete action they can take together.

### C. Step Toward the Margins (3 minutes)

Participants take turns naming one fear that often stops them from helping others. Group identifies simple ways to move beyond that fear.

### D. Social-media Actions the Youth Group can take (after the meeting):

1. "Walking Beside Us" Photo Montage: Record the song playing softly in the background and overlay a slideshow of group photos showing service moments, community work, or quiet companionship. Post as a gratitude or mission-focused message.
2. "One Line of Light" Post: Each participant chooses a line that inspires them and posts it as a simple image or text graphic. Add a short caption about hope, courage, or quiet strength.
3. "Forgotten Places" Awareness Post: Share a carousel highlighting local situations where people feel forgotten or overwhelmed (e.g., elderly neighbors, migrants, isolated students). Conclude with practical ways followers can help.
4. "Hope for the Wanderer" Prayer Post: The group creates a simple visual (photo of nature, a candle, hands held together) with a short prayer or intention for anyone feeling lost or discouraged. Invite followers to share their own intentions in the comments.

5. Lyric Snippet Reels: Create short reels (10–15 seconds) using gentle instrumental sections or the chorus of the song. Add text overlays with words like “Stay with us when we fall” or “Help our courage learn to stand.”
6. Like the song post and share it with your family, friends, groups and networks!

## 6. Closing

- Repeat the chorus together or play the chorus one more time.
- Ask: “What’s one word you’re taking home today?”
- End with a simple Prayer:

**Thank You, Lord, for walking with us through every shadow and every new beginning.  
Send us the gentle strength that lifts tired hearts.  
Let Mary’s calm guidance shape our choices, our friendships, and our courage.**

**O Mary, help us recognize those who feel alone  
and give us the strength to stand beside them.  
Lead us back to Jesus each day,  
so our lives may shine with hope for everyone we meet.  
Amen.**

*We can listen to the song again and try to learn it.*

