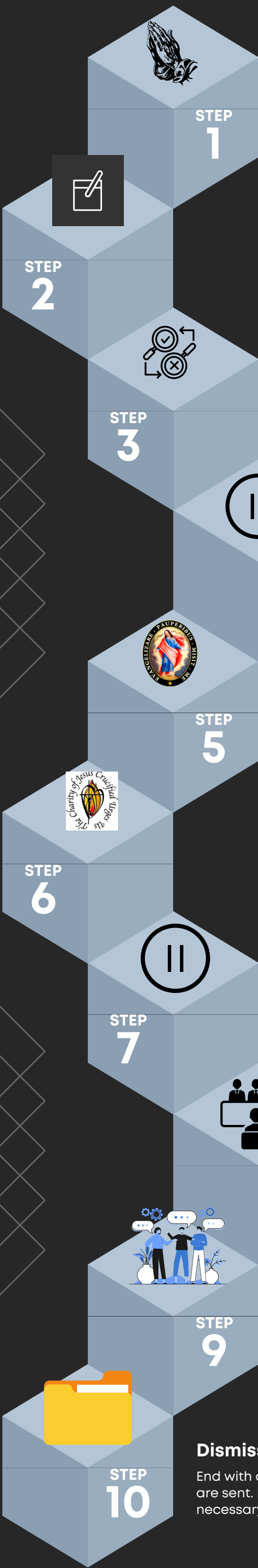


# Living Vincentian Retreat Infographic



## Registration/ Check-ins

Sign-in of registered participants. Food and drink provided. Allows for individuals to settle into the environment quickly. Be sure to provide participants with name tags, journals, pens, and other materials determined to be vital to the day's retreat. An outline of the event can be printed on the participant's name tag.

## Introduction/ Ice Breakers

Begin with an opening prayer for vocations. Provide an overview of the day. Vincentian vocations can be lived out in religious life as well as through lay ecclesiastical ministry. The goal is to help attendees begin the processes of further reflection and discernment.

## What is discernment

Allow the vocation director/ directrix to provide presentation on discernment. Understanding the importance of discernment is not simply tied to vocation but to all areas of daily living. Allow for questions and answers.

## Break

Allow participants to take a break and reflect on the material presented in the discernment and introduction periods. The break period also allows for participants to begin forming relationships with other attendees.

## Vincentian Father Presentation

Today young men need more information on what it means to be a Priest or Brother. The presentation allows the Congregation of the Mission representative(s) to provide history, understanding, and clarity. Providing insight into the differences between an Ordered Priest and a Diocesan Priest is essential to address. Young men also need to be made aware of what brotherhood entails. Be sure to allow time for questions and answers.

## Daughters of Charity

Today young women need more information on what it means to be a Sister. The presentation allows the Daughters of Charity representative(s) to provide history, understanding, and clarity into consecrated life. Be sure to allot time for questions and answers.

## Break

Prayerful reflection and lunch giving attendees the chance to further reflect on the second part of the day.

Lunch can either be provided or can be brought by participants.

## Lay Ecclesiastical Panel

Share ministerial opportunities available to young men and women. Pre-written panel questions can help ensure students learn about the history of the organizations, but also their current work in the area and ways in which people discerners may become involved. Participation from the ladies of Charity, St Vincent de Paul Society, Vincentian Marian Youth, and other Vincentian organizations in your area is recommended.

## Exploration

Set up breakout rooms for CM, DC, and lay ecclesiastical ministry representatives. Allow attendees to go to the different group locations where more individual conversations can occur. Attendees can learn how to become more involved and what steps are needed to aid in further discernment.

## Dismissal

End with a closing prayer. Ensure electronic surveys are sent. Provide Vincentian family organizations with necessary follow-up information on discerners.