

# St. Elizabeth Ann Seton

Living Faith,  
through all the Joys and Sorrows  
of her life journey



**I AM GOING STRAIGHT ON BY FAITH.  
(ELIZABETH SETON)**

Psalm 116

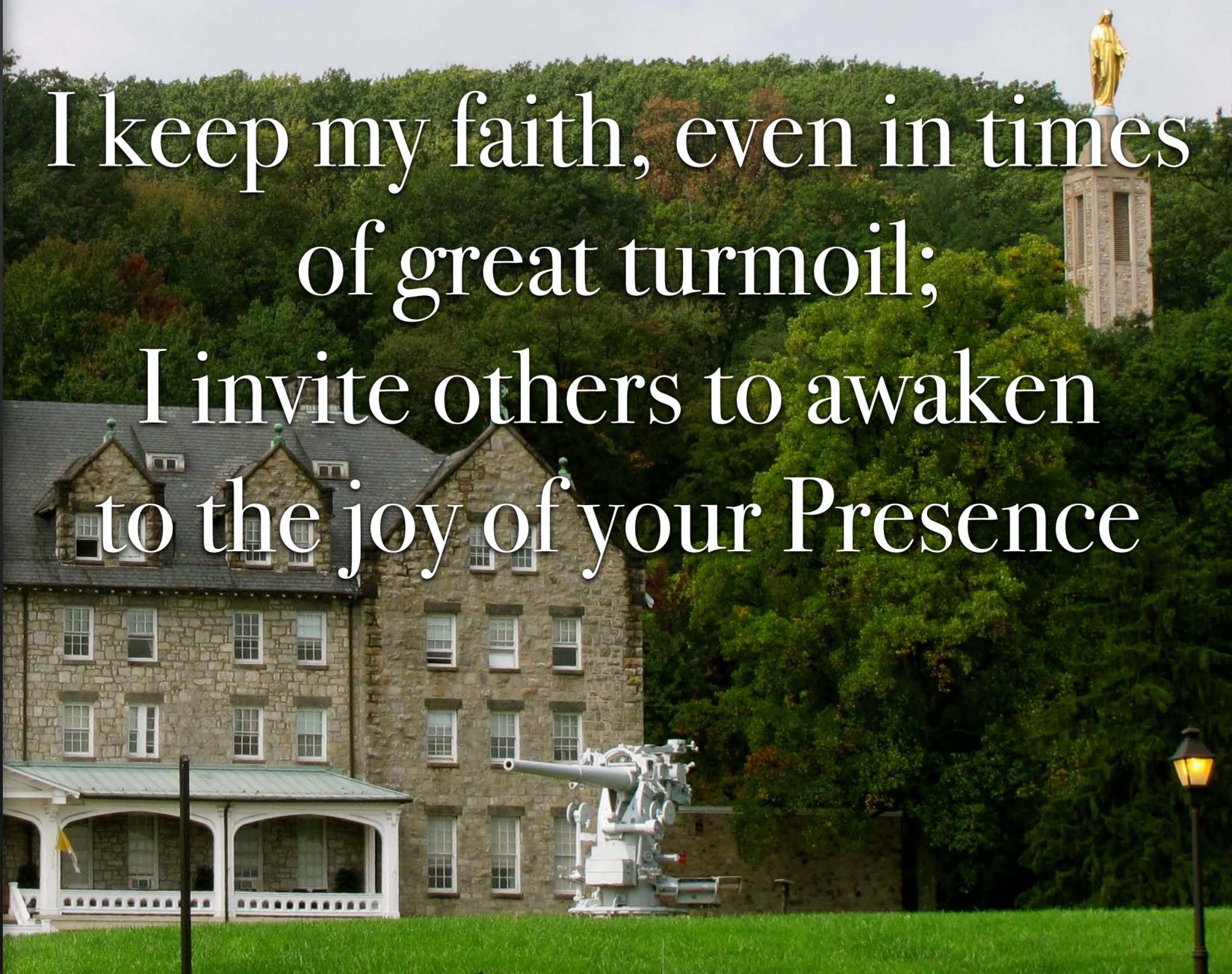
You raise me up to new life;  
You dry my tears,  
and guide my feet  
on straight paths.

I AM GOING STRAIGHT ON BY FAITH.  
(ELIZABETH SETON)



Psalm 116

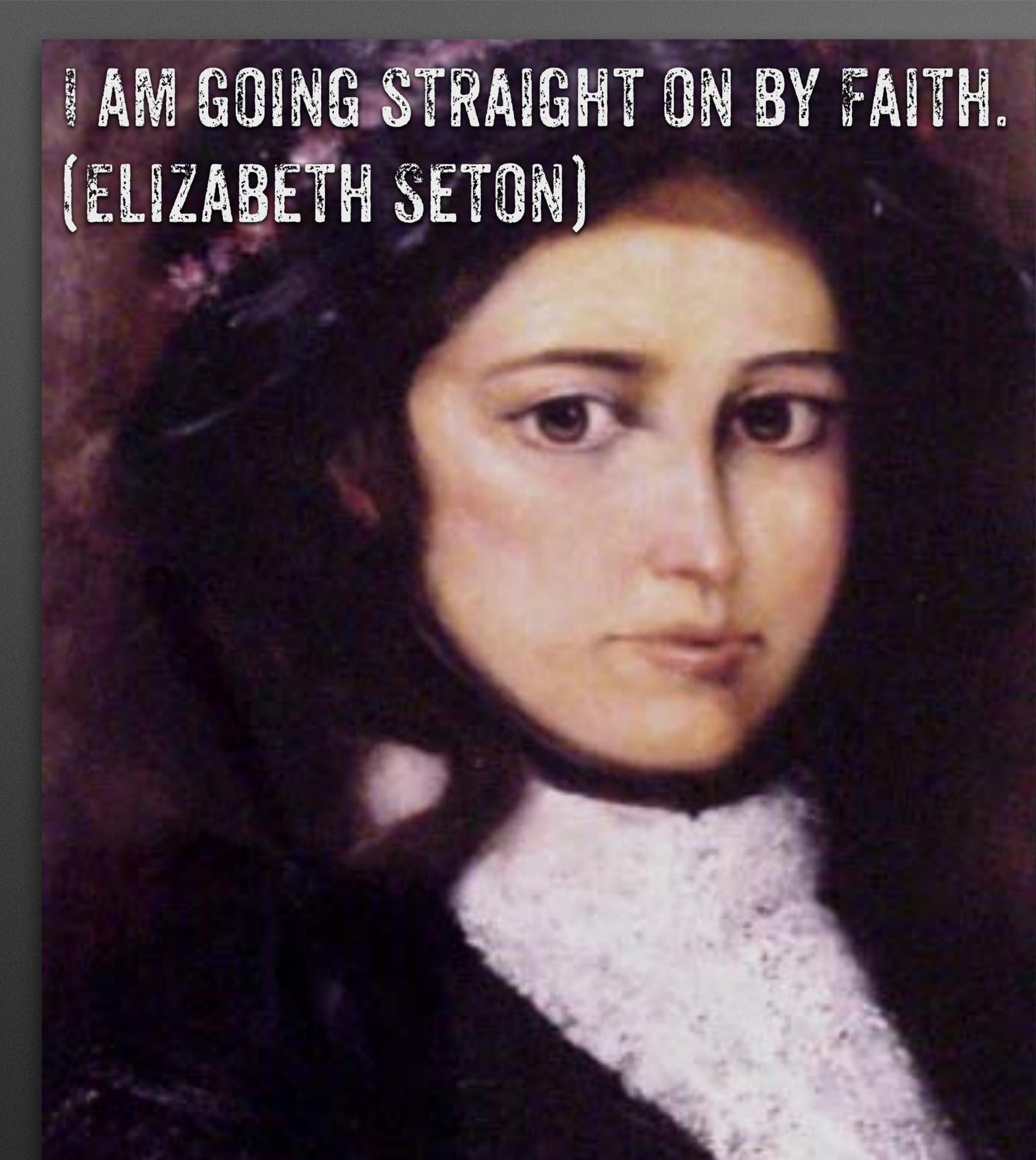
I keep my faith, even in times  
of great turmoil;  
I invite others to awaken  
to the joy of your Presence



I AM GOING STRAIGHT ON BY FAITH.  
(ELIZABETH SETON)

Psalm 116

What shall I render to You  
for all your goodness to me?

A portrait of Elizabeth Seton, a young woman with dark hair, wearing a dark dress with a white lace collar. She has a serene expression and is looking slightly to the right.

**I AM GOING STRAIGHT ON BY FAITH.  
(ELIZABETH SETON)**

A scenic view of a forest with trees in various shades of autumn (yellow, orange, red, and green) overlooking a calm blue lake. The sky is overcast.

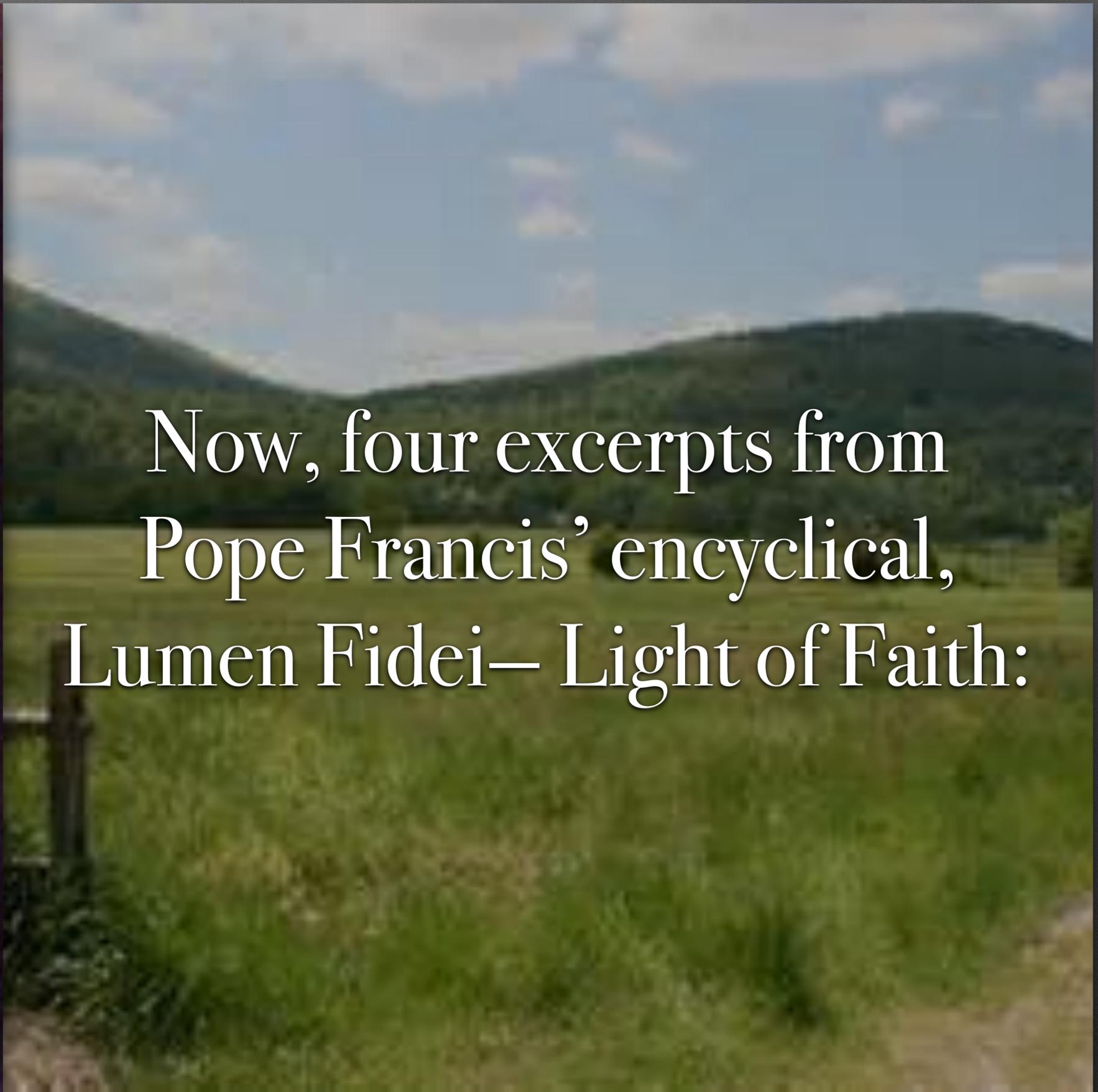
Psalm 116

I will drink the chalice of Love,  
and praise You, who have done  
wondrous things

**I AM GOING STRAIGHT ON BY FAITH.  
(ELIZABETH SETON)**

Psalm 116

I will bear witness to You,  
O Bread of Life,  
in the presence of all the  
people.



Now, four excerpts from  
Pope Francis' encyclical,  
Lumen Fidei— Light of Faith:

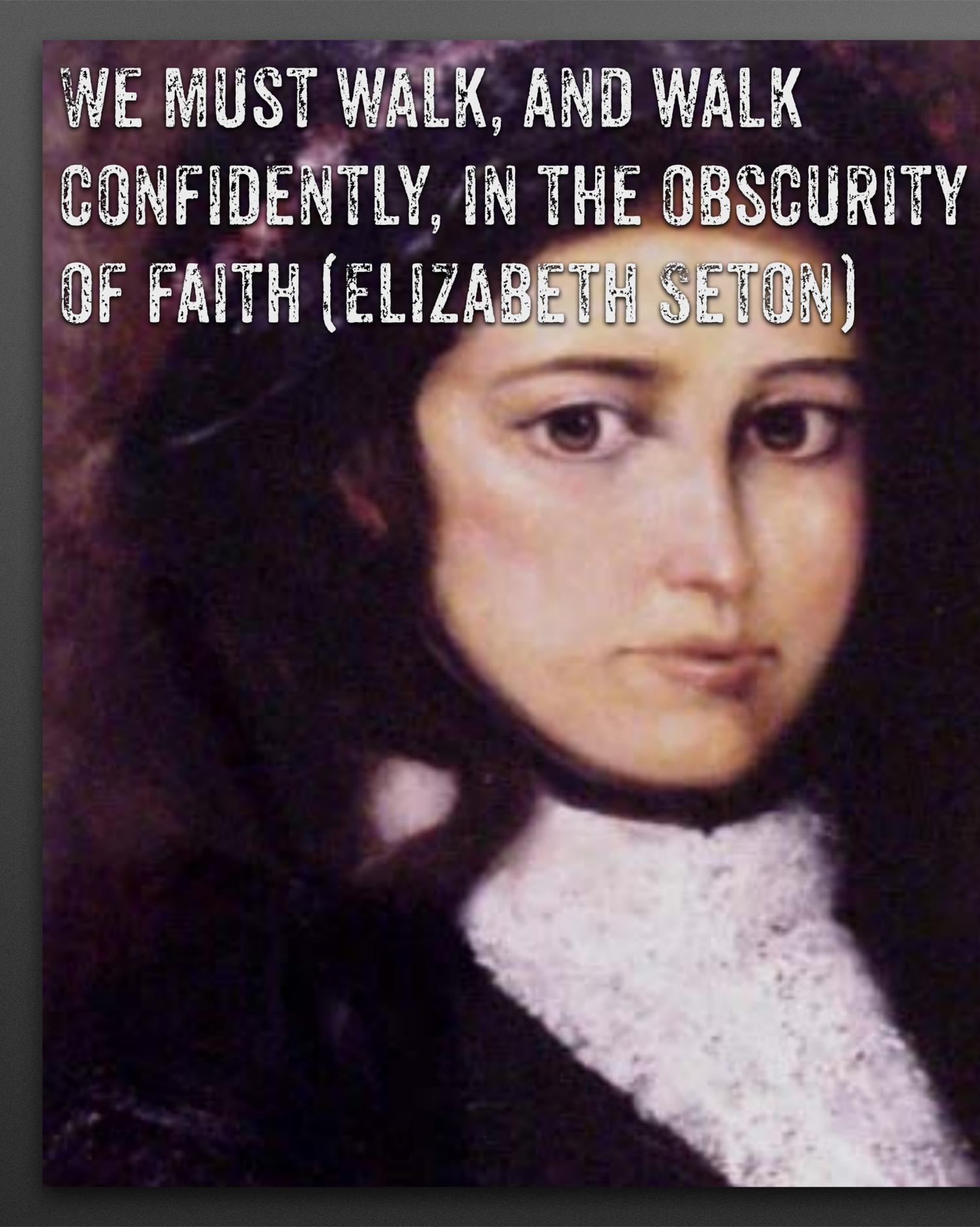
A portrait of Elizabeth Seton, a young woman with dark hair, wearing a dark dress with a white lace collar. The background is dark and textured.

**ON GOD HIMSELF I PIN MY FAITH.  
(ELIZABETH SETON)**

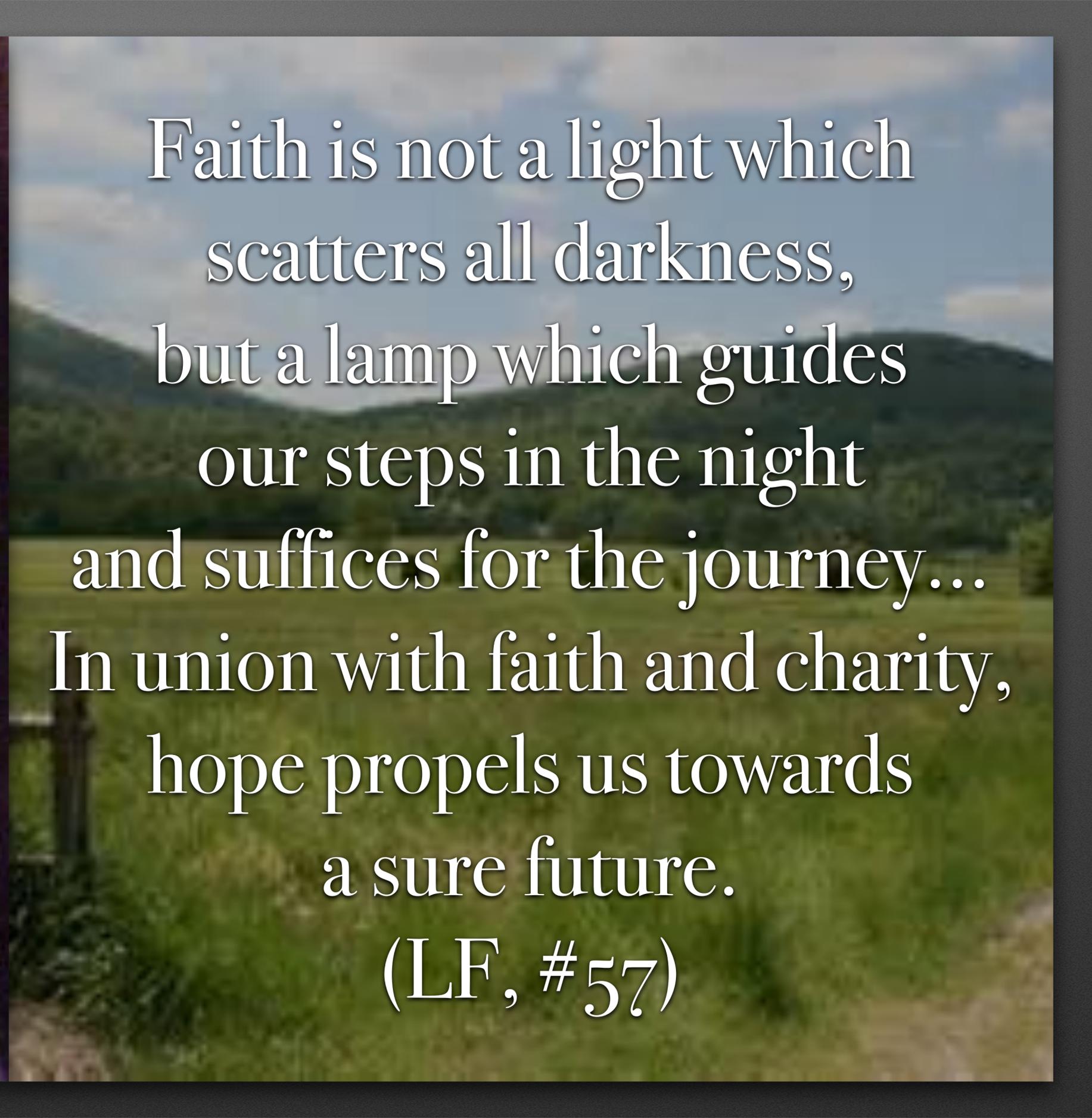
Faith's new way of seeing things  
is centered on Christ.

Faith in Christ brings salvation  
because in him our lives  
become radically open to a love  
that precedes us, a love that  
transforms us from within,  
acting in us and through us.

(LF #20)

A close-up portrait of a young woman with dark hair, wearing a dark hood and a white lace collar. She has a serious expression and is looking slightly to the right. The background is dark and out of focus.

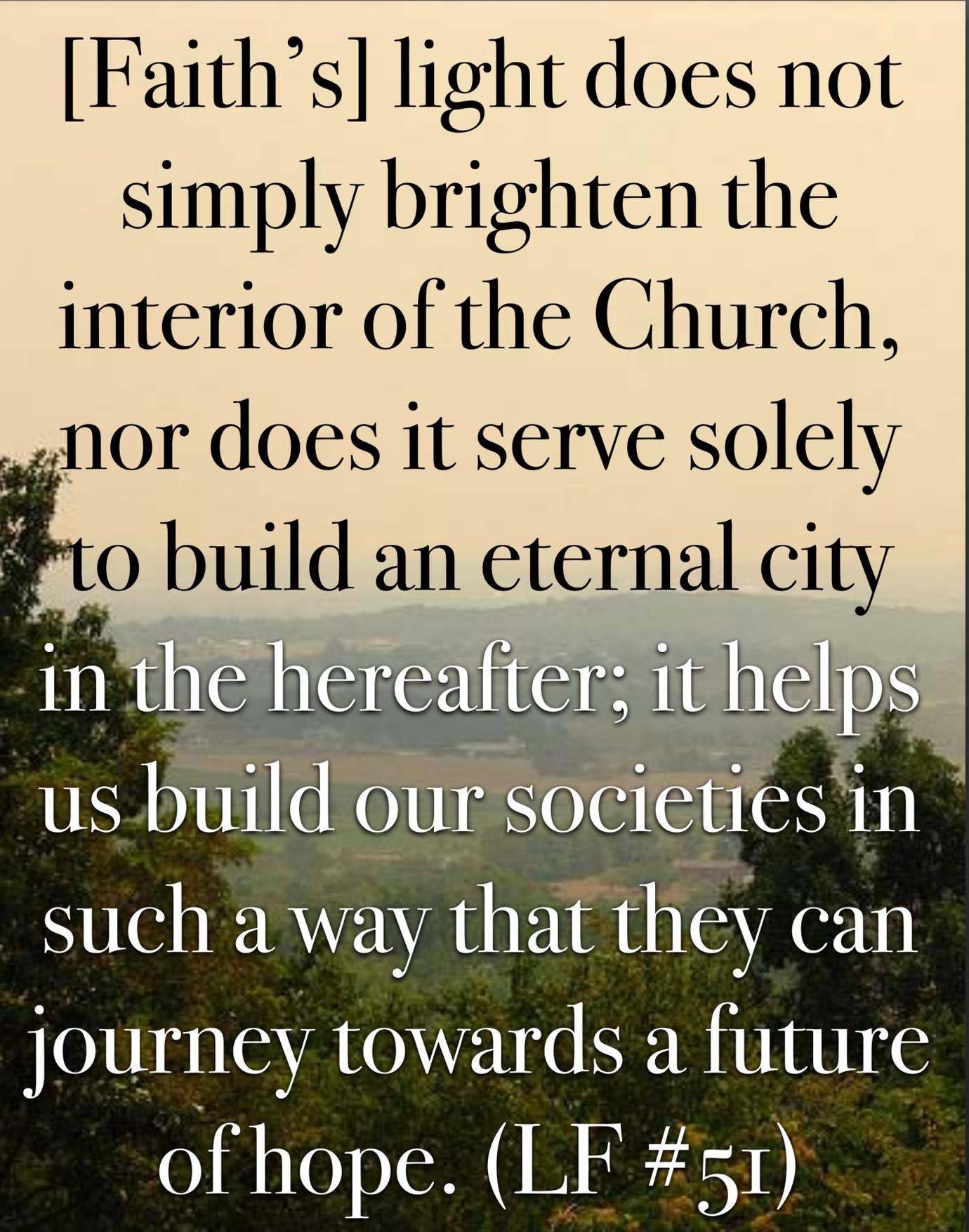
**WE MUST WALK, AND WALK  
CONFIDENTLY, IN THE OBSCURITY  
OF FAITH (ELIZABETH SETON)**

A landscape photograph showing rolling green hills under a cloudy sky. The foreground is a grassy field with a fence line visible on the left. The overall tone is soft and natural.

Faith is not a light which  
scatters all darkness,  
but a lamp which guides  
our steps in the night  
and suffices for the journey...  
In union with faith and charity,  
hope propels us towards  
a sure future.

(LF, #57)

LINK BY LINK THE BLESSED CHAIN:  
ONE BODY IN CHRIST –  
HE THE HEAD, WE THE MEMBERS  
ONE SPIRIT DIFFUSED  
THRO THE HOLY GHOST IN US ALL  
ONE HOPE –  
HIM IN HEAVEN AND ETERNITY  
ONE FAITH  
BY HIS WORD AND HIS CHURCH  
...WHO COULD ESCAPE THIS BOND  
OF UNITY, PEACE AND LOVE!  
(ELIZABETH SETON)



[Faith's] light does not  
simply brighten the  
interior of the Church,  
nor does it serve solely  
to build an eternal city  
in the hereafter; it helps  
us build our societies in  
such a way that they can  
journey towards a future  
of hope. (LF #51)



**FAITH LIFTS THE STAGGERING SOUL  
ON ONE SIDE, HOPE SUPPORTS IT  
ON THE OTHER--EXPERIENCE SAYS  
IT MUST BE  
AND LOVE SAYS LET IT BE.  
(ELIZABETH SETON)**

Those who believe  
are transformed by the love  
to which they have opened  
their hearts in faith...  
Faith's understanding is born  
when we receive  
the immense love of God  
which transforms us inwardly  
and enables us to see reality  
with new eyes. (LF, #21, 26)

# Sharing

What words and images spoke to your heart?

How does your faith enable you to see reality in new ways?

Based on a prayer service by Sr. Regina Bechtle, SC

images of St. Elizabeth: Joseph Dawley

other images: scenes from Emmitsburg, MD, U.S.A.