

CALENDAR

Jan. 31-Feb. 6, 2016 Catholic Schools Week

Feb. 10, 2016 Ash Wednesday

Feb. 26-28, 2016Los Angeles Religious Education Congress

March 20, 2016 Palm Sunday

March 27, 2016 Easter Sunday

April 1-3, 2016Future of Charity gathering in St. Louis, Missouri

For more information about the above events, contact S. Monica Gundler at *monica.gundler@srcharitycinti.org*.



Congratulations to S. Annie Klapheke (third from left), who marked the conclusion of her canonical year as a Sister of Charity novice on Jan. I I. Attending the celebration were S. Annie's novitiate community and novice director S. Donna Steffen.

Getting a Life This Lent

By S. Janet Gildea

ho am I? Who loves me? Who will I love? Where will I find meaning?" These are some of the key questions that drive discernment in the first half of life. In his book, *The Holy* Longing (Doubleday 1999),



Fr. Ronald Rolheiser, OMI, describes the task of the first half of life as "pulling your life together." He lays out a journey that begins with the "leaving home" of adolescence and continues as you try to find your way home as a young adult. This is the path of what Rolheiser calls *Essential Discipleship*.

Lent begins on Feb. 10 with the familiar call to "turn away from sin and be faithful to the Gospel." It is our annual opportunity to renew our efforts to follow Christ through prayer, fasting and acts of charity. Fr. Rolheiser presents a way to see these traditional disciplines recommended by Jesus (Mt. 6:1-8) as the four pillars of Essential Discipleship: Prayer, Charity and Justice, Mellowness of Heart, Community.

Prayer: Personal prayer as well as communal prayer, obeying the commandments, striving to live a moral life in private and in public. **Charity and Justice:** Responding to the needs of our most vulnerable brothers and sisters in acts of both direct service and advocacy to change unjust structures.

Mellowness of Heart: Striving to maintain a joyful, grateful, forgiving spirit as we live our Christian commitment.

Community: Participating in the life of the Church in sacrament and service.

These four pillars are the non-negotiables of a mature Christian discipleship. They provide the structure for a faith-filled life. As you begin Lent, which of the four pillars needs the most attention? Which is the strongest? With regard to your discernment process, how do these four pillars offer support? What is one way you can build up each pillar during this Lent? How does Lent offer you an opportunity to find a way to your true home in God?

Future of Charity Blog "Mid-winter Prayer"



S. Alice Ann O'Neill provides a Mid-winter Prayer in her most recent entry to the Future of Charity blog. To read S. Alice Ann's prayer and other blog entries, please visit http://futureofcharity.blogspot.com/. The Future of Charity blog provides thoughts and reflections from newer vowed members or women in formation with religious congregations from the Sisters of Charity Federation.

A Wealth of Resources for Lent!

▼he Ignatian Spirituality website offers a variety of free online resources for deepening your relationship with God this Lent. Among these include online retreats, daily email reflections, brief video meditations, articles and blogs by men and women trained in the rich tradition of



St. Ignatius of Loyola. Select a resource that will fit your schedule and feed your soul: http://www.ignatianspirituality.com/lent

My Mentor –

S. Rose Marie Hewitt

By S. Jeannette Cochran

didn't know S. Rose Marie Hewitt all my Community life, but when I finally met her, and we became friends, she had a lot to do with the decisions I made in the Community.



S. Rose Marie Hewitt

Decisions that were always good ones when I conferred with her. And when I came to the Motherhouse, following 45 years in New Mexico, she helped me get a mindset for returning to Mount St. Joseph; it was a big change.

Rose Marie was a very Communityminded person. She developed the Evergreen Group, which talked about Community life, and how we ourselves are involved. She also was a Network leader. I think of her a lot, and how she would approach problems—especially Community life problems. She always came out with a positive outlook. I like positive people around me, and she was certainly one of the most positive.

Rose Marie was Community-minded, yet, she didn't lose her individuality in that. She was not being led like a sheep - something that was important to me. She made good decisions for herself, and she helped a lot of people making lifetime decisions. She was a mentor to many. Rose Marie was a happy, joyful person, with a great smile; an all-around mature person that was happy in her life, which overflowed into other people's lives.

E-Voc is the electronic newsletter from the Vocations Team of the Sisters of Charity of Cincinnati for single women wondering what new thing God is calling forth in their lives. To unsubscribe, click here.

If you are interested in learning more about life as a Sister of Charity, visit our website at www.srcharitycinti.org or contact S. Monica Gundler at 513-504-5592.

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